

## Research Power Hour

some initial thoughts related to the reading and/or to share productivity strategies more generally.

- At 8:55 a.m., we will move into breakout rooms for writing time. We will strive to maintain a balance between continuity in group makeup and opportunities to meet new people.
- The bulk of the time between 9:00 and 10:00 a.m. is intended for writing. Group member introductions and discussion of short-term or long-term writing goals are also a good use of this segment.

In preparation for our first session, please do the following:

- Read pages 1-15 from *Indistractable*. Read for personal application.
- Determine what project you will work on this Friday. Identify the materials (drafts, articles, data) you will need and prepare them for the period.
- Reflect on what you want to accomplish in the next six weeks. What are some realistic goals for you? What indicators can you use to assess your progress?

Looking forward to our first session!

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